

#3-09 VICTORIAN LACE BRACELET



Marilyn Moore This lacy bracelet, reminiscent of the Victorian age, is simple yet elegant and is made using a simple knitting stitch. You can make it as wide or narrow as you prefer using fine wire in the color of your choice. You will use a crochet hook to “knit” your bracelet. Please do not wear perfume to this class. *Prerequisites: basic crochet is helpful. Materials Fee: \$20 includes crochet hook,*

spool of wire, beads and findings. Students bring small wire cutters, chain nose pliers.

#3-10 SHAPED NUNO FELTMAKING: Self-Lined Bags



Julia Kehew The Nuno felting technique fuses fiber and fabric and produces lovely flat pieces, such as scarves and garments. Take your felting into the third dimension. Learn techniques for cutting, stitching, and fitting fabric around a resist, then felting wool over the top to create a small fabric lined bag! We will also discuss options for closures – attaching the bag to a purse frame, or using snaps, magnets, or buttons. *Prerequisites: all levels. Materials Fee: \$15 includes wool and fabric for a*

small felt bag, use of felting tools, soap, and handouts. Bag frames will be available for purchase. Students should wear non skid shoes and clothing that can get damp. Bring a large bath towel and plastic trash bag for your project.

3-11 ERGONOMICS AT YOUR SPINNING WHEEL - Ergonomics for Handspinners



Carson Demers Time seems suspended when you're at your spinning wheel. Hours melt away but stress and strain can be accumulating in your body. Spinning shouldn't hurt! In this class you'll learn what ergonomic risk factors are and where they exist in spinning at a wheel. Most importantly you'll learn what to do to minimize them and recognize early warning signs that could prevent an injury. Safer strategies for seating, balancing your spinning work and, of course, stretches will all be taught. *Prerequisites: must be able to spin a consistent singles. Materials Fee: none. Students bring spinning wheels, spinning fiber, and note taking materials.*